



# CATERING MENU

Eff. 01/12

**Troy Office Center**  
**1259 Route 46 East Bld 4E**  
**Parsippany, NJ 07054**  
**PH: 973-394-1311**  
**FAX: 973-394-1366**

All prices are on a "per person" basis. All catering requires a minimum of 12 people and is subject to sales tax and service charge. Cancellations require 24-hour notice! Less than 24-hour notice incurs a 50% charge!

## BREAKFAST

### CONTINENTAL BREAKFAST

Includes variety of bagels, pastries, fruits, coffee and juices. Pastries—muffins, turnovers and crumb cake. Beverages—coffee and assorted juices. Seasonal fresh sliced fruit. **\$8.39**

### EXECUTIVE CONTINENTAL

Fresh baked bagels, turnovers, croissants, muffins, crumb cake, seasonal fresh fruit, yogurt, assorted juices and coffee. **\$10.29**  
Granola—add 69¢

### SUNRISE STARTER

Bagels with cream cheese, fresh fruit, assorted juices and coffee. **\$7.59**  
For something special add a Smoked Salmon Platter. Sliced Nova Smoked Salmon, sliced tomatoes, red onions and cucumbers for an add'l \$4.99.

### OATMEAL BAR

Make your own Oatmeal just the way you like it. Start with Steel-Cut oatmeal, brown sugar, candied walnuts, raisins and milk. Comes bagels with cream cheese, seasonal fruit and berries, assorted juices and coffee. **\$9.49**

### THE RIGHT START

Our fresh baked healthy harvest muffins, fresh seasonal fruit, homemade fruit and yogurt parfaits, hard boiled eggs, and bagels with cream cheese. Also served with assorted juices and coffee. Granola—add 69¢ **\$9.99**

### ASJ DELUXE BREAKFAST

Assorted fresh baked pastries (muffins, crumb cake turnovers and bagels), with pancakes and butter and syrup. Savory sausage and hickory bacon, scrambled eggs, home fries, fresh cut fruit, assorted juices and coffee. **\$11.99**  
Substitute waffles or French toast—add 79¢ Substitute turkey bacon .29¢

### GOURMET FRITTATAS

Homemade egg frittatas with a variety of ingredients and served with fresh fruit and a basket of muffins and bagels, with assorted juices and coffee. Frittatas choices: Harvest Vegetable, Bacon, cheddar cheese and potato, or Ham and Cheddar with Monterrey Jack. **\$9.99**

### CINNAMON SWIRL

### FRENCH TOAST BREAKFAST

Cinnamon Swirl French toast with syrup and butter. Scrambled eggs with savory sausage and hickory bacon. Fresh cut fruit, assorted juices and coffee. Substitute turkey bacon .29¢ **\$11.99**

### BREAKFAST WRAPS

Your choice of bacon, sausage or vegetarian fillings with scrambled eggs and cheese rolled in warm tortillas. Home fries, fresh cut fruit, assorted juices and coffee. **\$10.69**

**COFFEE:** All breakfast comes with regular coffee. Also available Decaf or Tea for \$1.29 • Flavored Coffee \$1.59

## BEVERAGES

Juice \$1.69 (assortment of bottled fruit juices) • Canned Soda \$1.19  
Bottled Water \$1.39 • Ice Tea including Green Tea (Snapple) \$1.79

## EXECUTIVE LUNCHES

All Executive Lunches are served with a choice of mashed potatoes, baked potatoes or rice pilaf. Also served with fresh steamed vegetables, tossed green salad and a variety of our homemade bread.

### ROASTED CHICKEN

A tender roasted 1/4 chicken glazed with the perfect blend of spices. Choose from BBQ, Lemon Pepper or Rosemary. **\$10.99**

### TENDER POT ROAST

Thick slices of pot roast, slow cooked with vegetables and potatoes. Just like Mom used to make it! **\$11.99**

### GRILLED TERIYAKI CHICKEN

A boneless, skinless 1/4 lb. breast marinated in a rich teriyaki sauce and grilled to perfection. Also available as lemon pepper or BBQ chicken. **\$10.99**

### CHICKEN ITALIAN

A boneless, skinless chicken breast prepared in your choice of sauce: Francese, Chicken Parmesan or Marsala. **\$11.99**

### BAKED SALMON

A 6 oz. filet glazed with melted butter, a hint of dill and mild spices or a honey mustard glaze. **\$14.99**

### CHILI LIME CHICKEN

Grilled chicken breast marinated in chili lime sauce and topped with fresh lime. **\$11.99**

### PETITE FILET

A 6 oz. filet marinated in chimichuri sauce and grilled to perfection. **\$12.99**

### CHICKEN BRUSCHETTA

Grilled chicken breasts marinated in balsamic vinaigrette, then oven roasted and topped with a fresh tomato and pesto bruschetta. **\$11.99**

## COST CONSCIOUS CATERING \$7.99

### CHILI WITH CORN BREAD AND SALAD

Amy's special recipe chili served piping hot with a fresh tossed green salad and yummy corn bread with butter and honey.

### CASHEW CHICKEN CROISSANT PLATTER

Flaky croissants filled with our delicious cashew chicken salad. Served with pasta salad and fresh fruit.

### CHICKEN CAESAR SALAD

Build your own scrumptious salad with Crisp romaine lettuce, Grilled chicken, cucumbers, tomatoes, parmesan cheese and croutons. Side dishes include fresh sliced fruit and sourdough bread with garlic butter.

### CHICKEN & RIBS

Marinated boneless skinless chicken breasts next to hearty spare ribs coated in a tangy barbecue sauce. Served with homemade potato and pasta salad, fresh sliced fruit, sourdough rolls and baked beans. **\$12.99**

Upgrade your ribs to baby back ribs for \$2.09 • Upgrade your chicken to a Quarter Chicken for \$.79

## LIGHT COMBINATION

### LIGHT COMBO

Choice of finger roll or croissant sandwiches with your choice of a crisp veggie tray with our famous ranch dip or cubed cheese with red grapes, apple wedges and crackers. Pasta salad, cookies and brownies. **\$8.99**

# BUILD YOUR OWN

## PASTA BAR

Choose 2 pastas from Penne, fettuccini, garden rotelli spirals or bow tie. Your choice of two (2) sauces from marinara, alfredo, pink vodka, creamy pesto or roasted garlic and olive oil with grated cheese. Includes Caesar salad, garlic bread, string beans or steamed vegetables. **\$10.99**  
 Add meatballs for \$1.09 • Choose grilled chicken for \$1.59  
 Add chicken Parmesan for \$2.59 • Add eggplant for \$1.79

## SALAD BAR EXTRAVAGANZA

Build your own salad from Cobb, Chef, Grilled Teriyaki Chicken or Cashew Chicken salad with fresh mixed greens. Toppings include sliced carrots, cucumbers, green peppers, baby corn, red onions, hard boiled eggs, mushrooms, olives, cherry tomatoes, croutons and shredded cheese. Served with a tray of fresh fruit, two dressings, and homemade bread and butter. **\$9.99**  
 Upgrade to Bleu Cheese or goat cheese for \$1.49 Add raisins, walnuts, sliced pears and apples for \$1.69

## BAKED POTATO BAR

Large Idaho spuds baked to perfection, served with an array of the best toppings, crisp tossed green salad, creamy dressings and fresh homemade breads.  
 Toppings: chili (*Apple Spice Junction style*), broccoli cheese sauce, sautéed mushrooms and onions, butter, sour cream, chives, bacon bits, grated cheese.  
 Breads: honey wheat, sourdough, 13-grain. **\$8.99**

## TACO BAR

Soft steamed and hard shell tortillas served with seasoned taco meat, black beans with salsa and cilantro. Top them off with sour cream, guacamole, olives, onions, grated cheese, shredded lettuce, diced tomatoes and salsa. Spanish rice and a medley of tortilla chips on the side make this a festive event—Ole! **\$9.99**  
 Substitute chicken for beef for \$.59 • Add chicken for \$1.49

## FAJITA BAR

Strips of beef or chicken with a tangy homemade sauce, green peppers and red onions on a fresh steamed flour tortilla. Sour cream, guacamole, cheese, tomatoes, Spanish rice, black beans, chips and salsa on the side. **\$10.99**

## HOT SANDWICH BAR (Your choice of 1 or 2)

Philly cheese steak, chicken Parmesan, Meatball Parmesan, Eggplant Parmesan, Pulled Pork or Italian sweet sausage with peppers & onions. Fresh baked rolls to build your sandwich. Plus (choice of two) pasta salad, potato salad, tossed garden green salad, frog eye salad or chips. **\$10.99**

## EXTRAS

Meatballs (3 pieces; Swedish style, Sweet & Sour or honey BBQ) \$2.19  
 Cubed Cheese, Red Grapes, Apple Wedges and Crackers \$3.99  
 Apple Spice Hot Wings (2-3 pieces) \$2.59  
 Stuffed Mushrooms (3 pieces per person) \$2.99  
 Fruit Tray (Includes cantaloupe, honeydew, watermelon, oranges, blueberries, apples, red & green grapes, strawberries, pineapple and kiwi. Season may affect the availability of certain fruits) \$2.49  
 Fruit Dip \$.79  
 Vegetable Tray (Includes carrot sticks, celery sticks, cucumbers, yellow squash, zucchini, tomatoes and broccoli. Served with homemade ranch dressing) \$2.69  
 Grilled Vegetables \$2.59  
 Caprese Salad (Fresh mozzarella and tomato slices with basil, drizzled with balsamic glaze and olive oil and sprinkled with kosher salt) \$3.19  
 Peel-n-Eat Shrimp and Sauce (4 pieces per person) \$5.99  
 Chips & Salsa \$1.59 add Guacamole \$.99  
 Deep River Chips \$.99  
 Finger Sandwiches \$2.49 • Mini Croissant Sandwich \$2.99  
 Chicken Skewer (Served with your choice of chili lime or BBQ sauce) \$2.99  
 Hummus and Pita Chips \$2.19  
 Quesadillas (Sliced chicken and our special black bean salsa with sour cream side) 3 pieces per person \$3.49 add Guacamole \$.99  
 Potato Pancakes (Served with sour cream and apple sauce-3 pieces per person) \$2.69  
 Pot Stickers (chicken and Vegetable with ponzu sauce -2-3 pieces per person) \$3.69  
**Ask about our wide selection of appetizers.**

 = can be prepared as vegetarian

# SOUP & SANDWICH

## GOURMET SANDWICHES AND WRAPS



- A variety of the following specialty sandwiches and wraps:
- **Chicken Caesar** - fresh grilled chicken with creamy Caesar dressing and crisp Romaine lettuce in a wrap
  - **Turkey and Brie**- Sliced roasted turkey breast, creamy brie and crisp granny smith apples on a fresh baked ciabatta roll with cranberry horseradish sauce.
  - **Ham and Brie**- with raisin honey mustard in ciabatta
  - **Horseradish Roast Beef** -sliced roast beef, sharp cheddar cheese, caramelized onions and dijon horseradish sauce on a fresh baked rosemary focaccia
  - **Turkey Havarti**- Sliced roasted turkey breast, mild pesto havarti, artichoke heart and pesto mayo on a fresh baked ciabatta roll
  - **Chicken Caprese**- freshly breaded chicken cutlet, ripe tomatoes, roasted red peppers and fresh basil on a fresh baked French baguette with a drizzle of balsamic reduction.
  - **Fresh Veggie and Hummus** -as healthy and delicious as it sound, with julienned fresh vegetable medley ( carrots, cucumbers, red peppers and yellow squash) with homemade hummus.
  - **Cape Cod Chicken Wrap**- our delicious chicken salad embellishment with raisins, chopped apples and candied walnuts.
  - **Antipasto** - ham, Genoa salami, provolone, dressed with marinated red onions and pepperoncini, roasted red peppers and pesto mayo in a fresh baked French baguette.
  - **Turkey and Bacon** - sliced roasted turkey breast, hickory smoked bacon, cheddar cheese, tomato, avocado with pesto mayo and romaine lettuce on a 13 grain roll.
  - **Caprese** : Ripe red tomatoes, roasted red peppers, fresh mozzarella cheese, with basil and balsamic drizzle on a fresh baked rosemary focaccia.
  - **Grilled steak** - with cheddar cheese mushrooms grilled onions, spring mix, and horseradish sauce on brioche bread.
  - **Buffalo chicken**- with bleu cheese sauce romaine lettuce on a fresh baked French baguette.
  - **Mediterranean Tuna** - olive oil, Italian olives, tomato, avocado on a ciabatta roll

Choose any two from our famous side dishes. Sides—pasta salad, tossed salad, potato salad, frog eye salad or chips. **\$11.99**  
 Upgrade to a Caprese or Specialty salad \$1.99 • Deep River Chips add \$.20

## ASJ SANDWICH BUFFET PLATTER

Choice of "build-your-own" deli platter or pre-made sandwiches. Meat tray—ham, turkey breast, pastrami, roast beef or your favorite sandwich from our box lunch menu  
 Cheese—swiss, provolone, cheddar  
 Sides—pasta salad, tossed green salad, potato salad, frog eye salad or chips  
 Breads—honey wheat, sourdough, 13-grain  
 Condiments—tomatoes, pickles, olives, mustard, mayo **\$9.99**  
 Upgrade to Caprese or Specialty salad \$1.99 • Substitute rolls and wraps for .39¢  
 Deep River Chips add \$.20 • Substitute soup for side dish for \$1.49

## BEYOND THE BORDERS

### LASAGNA

Layers of cheese, fresh ground beef, sausage, Italian herbs, and our tangy marinara sauce. Served with fresh baked sourdough bread, whipped garlic butter, Parmesan cheese, steamed vegetables and a crisp garden salad. Vegetarian lasagna is available. **\$9.99**

### GRILLED TERIYAKI KABOBS

Tender chunks of chicken or beef next to grilled vegetables. Served with rice pilaf, garden salad and fresh-baked bread. **\$11.99**

### BAKED ZITI

Home style baked ziti with a mix of Italian cheeses and tomato sauce. Served with a Caesar or fresh garden salad, parmesan cheese, steamed vegetables and fresh bread baked to perfection. **\$9.99**  
 Add ground beef or sausage for \$1.59

## DESSERTS

COOKIE AND BROWNIE TRAY \$1.79 • CANNOLI AND COOKIE TRAY \$2.79 • DELUXE COOKIE TRAY \$1.49  
 DELUXE DESSERT TRAY \$2.99

A variety of smaller portions of brownies, cookies, bars, and rice krispie treats.  
**EXECUTIVE DESSERT TRAY \$3.49**  
 Add Chocolate-dipped strawberries and tasty cheesecake bites to our dessert tray above.

NY Style Cheesecake \$3.19 • German Chocolate Cake \$3.19 • Carrot Cake \$3.59  
 Cookies \$.59 • Chocolate-dipped Strawberries (2 pieces; seasonal) \$1.79  
 Ask about additional dessert selections!